



Asda Foundation West Cumbrian Run 2011 (in memory of Bill Barker)

Sunday 20th November 2011 (10.00am)
Workington, Cumbria

PERSONAL DETAILS (BLOCK CAPITALS PLEASE)

PLEASE TICK WHICH RACE YOU WISH TO ENTER

10K 20K

Name: M F

Address:

 Postcode:

Date of Birth: Age (Min 15 for 10K, Min 17 for 20K):

Home / Office Phone No.: Mobile Phone No.:

E-mail:

*UK Athletics registration number:

Athletics Club:

Expected Finish Time: hours minutes

ON SUNDAY 20TH NOVEMBER 2011, ALL APPLICANTS MUST BE AGED 15 YEARS AND OVER TO TAKE PART OVER THE 10K COURSE, AND 17 YEARS AND OVER TO TAKE PART OVER THE 20K COURSE

PAYMENT

Closing date for receipt of advance entries for Asda Foundation West Cumbria Run – Friday 11th November 2011

10K (1 LAP) ENTRY:	Unaffiliated: £15	Affiliated: £13	20K (2 LAPS) ENTRY	Unaffiliated: £21	Affiliated: £19
*** RACE DAY ENTRIES WILL BE SUBJECT TO A £3 SURCHARGE PER RUNNER ***					

TOTAL (payment enclosed)

All cheques should be made payable to **BIG-Q EVENTS LTD**

T-SHIRT (included in entry fee) circle required size: S M L XL

PROHIBITIONS: For reasons of safety no entries are permissible from people on cycles, roller skates or in wheelbarrows. No pets, dogs, guide dogs or prams are allowed on the course for the event.

RACE NUMBERS: For safety reasons and for the identification of runners by medical staff, we strictly prohibit the swapping, sale, re-sale or transfer of race numbers. If you are unable to take part please refer to our deferral and transfer policy detailed on the event website.

GENERAL INFORMATION: Runners are NOT required to register before the race. Please check your bank statement for confirmation of entry receipt. The Organisers reserve the right to limit and refuse entries.

MEDICAL ADVICE: If you suffer from any form of medical condition mark the front of your race number with a prominent waterproof cross, and list details of the condition on the back of your race number.

MAILING LIST: Your name will be added to our mailing list so that we can keep you informed about other Big-Q Events and services. This information may also be made available to other carefully screened organisations to contact you. You are entitled to withdraw your consent to this process by ticking the appropriate box on your application form.

DISCLAIMER

To the extent permitted by the Unfair Contract Terms Act 1977, neither Big-Q Events Ltd nor its sponsors, partners or suppliers will be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from the negligence, wrongful act or default by Big-Q Events Ltd, its sponsors or their respective servants or agents or from any other cause, including any act of God or the physical condition of the competitor. The applicant also warrants that he or she is fit to take part in the Asda Foundation West Cumbria Run and will be fit to do so on the day of the event. I grant my permission to Big-Q Events Ltd, its sponsors and partners, assigns and licensees to use photographs, motion pictures, recordings, data or any other record of my participation in the Asda Foundation West Cumbria Run for any legitimate purpose without remuneration. I accept that no refund can be given if I do not eventually take part or if the race has to be cancelled or postponed due to circumstances outwith the organiser's control.

Signature: **Date:**

Tick this box if you do not wish to receive promotional material from Big-Q Events Ltd about other related sporting events and offers.

Tick this box if you do not wish your contact details to be passed on to Sponsors or Charities associated with this event.

Tick this box if you have an interesting story to tell about your half marathon entry and we will contact you.

Please send the completed form and payment to the event organisers:
Big-Q Events Ltd, Nevyn Cara House, Primrose Lane, Rosyth, Fife, KY11 2XN

Website: www.westcumbrianrun.co.uk

E-mail: admin@westcumbrianrun.co.uk

